



Free Class for Parents and Caregivers of Children/Adolescents
Living with Mental Illnesses

**Major Depression, Bipolar Disorder (Manic Depression),
Attention Deficit (Hyperactivity) Disorder,
Conduct Disorder, Oppositional Defiant Disorder,
Anxiety Disorders, Obsessive Compulsive Disorder,
Childhood Schizophrenia and Substance Abuse Disorders**

**SIX WEEK CLASS OFFERED BEGINNING
OCTOBER 10, 2011
Spanish Fort United Methodist Church**

**Taught by trained parents who have raised a child who developed a mental illness
before the age of 13.**

Goals:

1. To give the parent/caregiver the basic information necessary to take the best care possible of their child, their family and themselves.
2. To help the parent/caregiver cope with the impact that mental illness has on the child living with the illness and the entire family.
3. To provide tools for the parent/caregiver to use even after completing the program that will assist in making the best decisions possible for the care of the child.

THIS COURSE AND ALL COURSE MATERIALS ARE PROVIDED FREE OF CHARGE

REGISTRATION IS REQUIRED
FOR MORE INFORMATION OR TO REGISTER PLEASE CONTACT:

**MELISSA SCHILLING AT 251-402-4115
OR
CONNIE EWING AT 438-2444 04 709-3044**